

Membership Pricing

Location DHA Phase 8

Effective August 2026
Prices subject to change

MEMBERSHIPS & PACKAGES

All amounts in PKR (RS) . inclusive of taxes

PLAN	MALE	FEMALE	STUDENT Ages 13 - 22 . ID required
Membership	20,000	20,000	10,000
Weekly	7,500	6,500	—
Monthly	25,000	20,000	—
3 Months	65,000 ≈ 21,667 / mo	50,000 ≈ 16,667 / mo	48,000 ≈ 16,000 / mo
6 Months	110,000 ≈ 18,333 / mo	90,000 ≈ 15,000 / mo	—
12 Months BEST VALUE	160,000 ≈ 13,333 / mo	130,000 ≈ 10,833 / mo	—
Off-Peak 12-5 PM Monthly access, off-peak hours	15,000	15,000	—
Transformation Package 3 months . personal training included	90,000	85,000	—

≈ figures show the effective cost per month.

EVERFIT PROGRAM

Specially designed for members aged 50 and above.

Membership	8,000
Monthly Fee	18,000
Personal Training	15,000

INCLUDED FREE

Complimentary for all active members.

✓ Steam Room	✓ Massage Chairs
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Services & Benefits

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PERSONAL TRAINING

per month

Regular · up to 4 trainees	18,000
One-to-One - 3 / week	30,000
One-to-One - 4 / week	40,000
One-to-One - 5 / week	50,000

ADD - ONS

SERVICES	SESSION	MONTH*
Sauna	1,000	5,000
Cold Plunge	2,000	15,000
Physiotherapy	3,000	—
Dietitian	3,000	—

*Monthly rates available to active members only.

PARTNER BANK OFFERS



Alfalsh & UBL

40%
20%

off Membership
off Monthly



Allied Bank

50%
10%

off Membership
off Monthly

MEMBERSHIP BENEFITS

Every membership includes the following, at no extra cost.

» Access to 2 gym facilities ___ Lake City & DHA Phase 8

- Access to a 12,000 sq ft gym facility.
- State - of - the - art - equipment.
- One session of physiotherapy.
- One nutritionist consultation.
- One body analysis.
- Welcome tour & machine overview.
- One week of personal training.
- Access to massage chairs.
- Fresh fruit for members only.
- Access to all group gym classes.
- Access to wellness facilities.
- Complimentary Vibe gym shirt.
- Welcome drink on your first visit.